

# The Legacy Network

OF ROOM 217

Investing  
in the  
power of  
music



## Join Us

As a philanthropic partner of Room 217's Legacy Network, you are working with the Room 217 Foundation and music care partners across Canada to improve health and well-being with music.

Grow our  
Legacy  
Fund

Invest in  
quality of life  
and care

Build  
capacity for  
the future

As a participant of Room 217's Legacy Network, you have the the opportunity to:

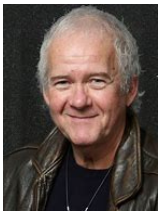
- Help Room 217 grow its Legacy Fund that ensures music care for the longer term
- Invest in quality of life and care at caring communities across Canada
- Prepare for the future by helping Room 217 build greater capacity to reach more caregivers

With the emphasis on person-centred and relational care, the search for non-pharmacological solutions is a priority. The Legacy Network sees music as one of those solutions. The shared purpose of individuals within the Legacy Network is to ensure that music will be a vital part of care for older adults and their caregivers for years to come.

## The Power of Music in Aging

We can all empathize with the fear and uncertainty that comes with the sense you are losing yourself as memory fails or with the family trying to break through the barrier of denial to comfort and help a loved one make peace as they near the end-of-life. These are among life's most difficult and yet most precious moments for caregivers.

Music can be used by all caregivers to address complex medical and social care needs. Music has the capacity to reassure by anchoring a person to who they are. Music can help people find the words they need, or provide simple togetherness when words are not needed. Music helps people regain speech after suffering a stroke, improve gait in conditions like neuropathy and Parkinson's Disease, and support relationship completion at end-of-life. Music has an undeniable power to bring healing into some of life's most challenging circumstances.



Murray McLauchlan  
Singer/Songwriter

*Like many others, I have had the privilege of being there for the passing of a loved one and have found myself in the position of helping family members with dementia. One in four of us in Canada are family caregivers. That is why Room 217 works to promote the use of music in care not just for those who suffer but for those who care for them.*

## Questions?

For more information and the legacy fund's terms of reference, contact:

Bev Foster, Executive Director Room 217  
Foundation [bfoster@room217.ca](mailto:bfoster@room217.ca)

Charitable No. 85728 5092 RR0001

[musiccare.org](http://musiccare.org)  
1.844.985.0217

## About Room 217

The Room 217 Foundation is a health arts organization uniquely positioned to change the care culture with music. We provide an innovative approach to health and well-being called music care. Our goal is to integrate music into caring relationships, care tasks, personal care plans within care communities. Our emphasis is on enriching the care experience with music.

Room  
217  
Foundation